

OUR LADY'S CHILDREN'S HOSPITAL, CRUMLIN  
NURSING CARE PLAN 7  
COMPLEX POST-OPERATIVE CARE



(Use this care plan for children requiring complex post-operative care in conjunction with pre and post operative care plan)

Care plan 7 Problem		Complex post-operative care Goal	Issue date: December 2015 Review date: December 2018
<p>.....</p> <p>Has a ..... wound</p> <p>Has a .....drain</p> <p>Has a .....stoma</p> <p>Has a .....catheter</p> <p>Has a .....tube for gastric decompression/feeding</p> <p>related to .....</p>		<p>..... will receive safe and appropriate care relating to his/her surgery.</p> <p>Complications will be detected early and managed appropriately.</p>	
Commenced date, time, signature & grade	<b>Nursing Intervention</b>		Discontinued date, time, signature & grade
<b>Nursing Observation and management</b> <i>(Please tick box date and sign only if required)</i>			
<input type="checkbox"/>	<b>1</b>	<p><b>Wound care</b></p> <ul style="list-style-type: none"> <li>Assess wound for redness, pain, swelling, haemorrhage, excessive ooze. Report, record and respond appropriately.</li> <li>Change wound dressings when clinically indicated. Please record name of dressing used and update if any changes made.</li> </ul> <p><b>Wound 1</b> .....</p> <p><b>Wound 2</b> .....</p> <p><b>Wound 3</b> .....</p>	
<input type="checkbox"/>	<b>2</b>	<p><b>Drain</b></p> <p>Redivac_ Minivac_ Penrose_ Chest drain_ Other _____</p> <ul style="list-style-type: none"> <li>Ensure drain is free from kinks.</li> <li>Observe for oozing around the site</li> <li>Record drainage amount, monitoring colour and consistency.</li> <li>Report and record reduction or increase in drainage amount.</li> <li>Maintain suction to Redivac/Minivac® as requested</li> </ul>	
<input type="checkbox"/>		<p><b>Chest drain</b></p> <p>Provide care as per guidelines (NPC 2015)</p> <p><b>Low pressure suction:</b></p> <ul style="list-style-type: none"> <li>Maintain on low pressure suction if prescribed</li> <li>Level of water in suction chamber to be prescribed in medical notes .....Cms of H<sub>2</sub>O</li> <li>Maintain this level of water in suction chamber at all times, top up with sterile water for irrigation to keep water a level of the line.</li> <li>Ensure gentle bubbling in suction chamber only</li> </ul>	
<input type="checkbox"/>	<b>3</b>	<p><b>Stoma care</b></p> <p>Ileostomy_ Colostomy_ Vesicostomy_ ACE_ Other _____</p> <ul style="list-style-type: none"> <li>Observe stoma colour and size</li> <li>Observe skin colour around stoma</li> <li>Observe and record stoma output - volume, frequency and consistency.</li> </ul>	

Reviewed 2015

Patient name.....  
HCRN.....  
Ward.....

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		<ul style="list-style-type: none"> <li>Record and report any abnormalities promptly</li> <li>Contact stoma nurse regarding child/parent education. <i>(Cont. next page)</i></li> </ul> <b>Stoma (continued)</b> <b>Appliance</b> ..... <b>Specific Instructions</b> ..... .....					
<b>4</b>		<b>Urinary catheter care</b>					
<input type="checkbox"/>			<b>Date inserted</b>	<b>Size</b>	<b>Measurement at skin level</b>	<b>For removal</b>	
		<b>Urethral</b>					
		<b>Supra-pubic</b>					
		<b>Nephrostomy</b>					
		<b>Stent</b>					
		<b>Mitrofanoff</b>					
		<ul style="list-style-type: none"> <li>Provide catheter care as per urinary catheter guidelines (NPC 2014)</li> </ul>					
		<ul style="list-style-type: none"> <li><b>Specific care</b></li> <li>.....</li> <li>.....</li> <li>.....</li> <li>.....</li> <li>.....</li> <li>.....</li> </ul>					
<b>5</b>		<b>Gastric decompression/feeding</b>					
<input type="checkbox"/>			<b>Naso-gastric</b>	<b>Replogle</b>	<b>TAT</b>	<b>Gastrostomy e.g. PEG/MicKey/Foley</b>	<b>Other</b>
		<b>Size</b>					
		<b>Secure with</b>					
		<ul style="list-style-type: none"> <li>Ensure tube is free of kinks.</li> <li>Tape securely, but maintain skin integrity at all times.</li> <li>Aspirate and test to ensure correct position as per NPC guidelines (</li> </ul>					
		<b>Specific instructions – Gastric decompression</b> ..... ..... <ul style="list-style-type: none"> <li>Record volume, colour, consistency of gastric losses</li> <li>Replace gastric losses as prescribed</li> </ul>					
		<b>Specific instructions – Feeding</b> ..... .....					

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