

Our Lady's Children's Hospital Crumlin
NURSING CARE PLAN 3A
Congestive Cardiac Failure
(Please use in conjunction with Careplan 1)



Care plan 3a Problem		Congestive Cardiac Failure Goals	Issue date: December 2017 Review date: December 2020
<p>..... Has Congestive Cardiac Failure related to _____ _____</p>		<ol style="list-style-type: none"> 1. Breathing will be supported 2. Observations 3. Intravenous/oral diuretics and fluid balance 4. Cardiac medications 5. Minimal handling 	
Commenced, date, time and signature	No	Nursing Intervention	Discontinued date, time and signature
	1.	Respiratory support	
		<ul style="list-style-type: none"> • Nurse upright to encourage maximum chest expansion, well supported with pillows, use infant seat if necessary. • Monitor respiratory status as condition requires _____ _____ • Administer oxygen as prescribed via humidifier, report and record effect of same. _____ _____ • Observe sputum for colour and consistency • Sputum samples as ordered • Replace oxygen equipment as per guidelines 	
	2.	Observations	
		<ul style="list-style-type: none"> • Record baseline observations, temperature, pulse, respirations, blood pressure, oxygen saturations. Frequency as condition dictates _____ _____ • Nurse on cardiac monitor if indicated • Pyrexia. Use pharmacological and non-pharmacological means of reducing temperature. <ol style="list-style-type: none"> 1. Nurse in a well ventilated room 2. Administer antipyretics as prescribed 3. Encourage cool drinks 4. Remove excess clothing and blankets 	
	3	Intravenous/oral diuretic treatment and fluid balance	
		<ul style="list-style-type: none"> • Administer intravenous/ oral diuretics as per OLCHC Formulary • If diuretics intravenous use care plan 9 • Monitor response to diuretic therapy, report and record. • Monitor electrolytes, report and record • Weigh patient daily/alternate days, report and record. • Fluid restriction as ordered by medical team. • Monitor strict intake and output, <i>in infants weigh nappies pre and post urination in older children measure urinary output</i>, monitor output ml/kg/hour report and record. 	

Updated January 2011
 Updated December 2017

Patient Name.....
 HCRN.....
 Ward.....

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4	Cardiac medications	
	<ul style="list-style-type: none"> • Administer medications as per Medication Policy OLCHC 2017 _____ _____ • Be aware of actions, side effects, special precautions, serum levels of any medication prescribed. • If administering <i>Digoxin</i>, monitor pulse rate pre and post administration of medication. If deviations report to medical team and record. • If commencing anti hypertensive medications (<i>Captopril</i>) monitor blood pressure prior to and 30 minutes post medication report to medical team if low and record. <p>Other medications _____ _____ _____</p>	
5	Minimal handling	
	<ul style="list-style-type: none"> • Organize nursing and medical activities to allow for period of uninterrupted sleep • Utilize measures to reduce infant/child anxiety-<i>encourage parent to patient contact, encourage parent to stay if possible, ensure quick response to crying/irritability</i> 	
6	Other needs	

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