

Our Lady's Children's Hospital Crumlin
 NURSING CARE PLAN 3A
 Congestive Cardiac Failure
 (Please use in conjunction with Careplan 1)



Care plan 3a Problem		Congestive Cardiac Failure Goals		Issue date: January 2012
..... Has Congestive Cardiac Failure related to _____ _____		<ol style="list-style-type: none"> 1. Breathing will be supported 2. Observations 3. Intravenous/oral diuretics and fluid balance 4. Cardiac medications 5. Minimal handling 		Review date: January 2015
Commenced, date, time and signature	No	Nursing Intervention		Discontinued date, time and signature
	1.	Respiratory support		
		<ul style="list-style-type: none"> • Nurse upright to encourage maximum chest expansion, well supported with pillows, use infant seat if necessary. • Monitor respiratory status as condition requires _____ _____ • Administer oxygen as prescribed via humidifier, report and record effect of same. _____ _____ • Observe sputum for colour and consistency • Sputum samples as ordered • Replace oxygen equipment as per guidelines 		
	2.	Observations		
		<ul style="list-style-type: none"> • Record baseline observations, temperature, pulse, respirations, blood pressure, oxygen saturations. Frequency as condition dictates _____ _____ • Nurse on telemetry if indicated • Pyrexia. Use pharmacological and non-pharmacological means of reducing temperature. <ol style="list-style-type: none"> 1. Nurse in a well ventilated room 2. Administer antipyretics as prescribed 3. Encourage cool drinks 4. Remove excess clothing and blankets 		
	3	Intravenous/oral diuretic treatment and fluid balance		
		<ul style="list-style-type: none"> • Administer intravenous/ oral diuretics as per OCLCH Formulary 2010. • If diuretics intravenous use care plan 9 • Monitor response to diuretic therapy, report and record. • Monitor electrolytes, report and record • Weigh patient daily/alternate days, report and record. • Fluid restriction as ordered by medical team. • Monitor strict intake and output, <i>in infants weigh nappies pre and post urination in older children measure urinary output</i>, monitor output ml/kg/hour report and record. 		

Updated January 2011

Patient Name.....
 HCRN.....
 Ward.....

Our Lady's Children's Hospital Crumlin
 NURSING CARE PLAN 3A
 Congestive Cardiac Failure
 (Please use in conjunction with Careplan 1)



4	Cardiac medications	<ul style="list-style-type: none"> • Administer medications as per Medication Policy OIHSC 2004 _____ _____ • Be aware of actions, side effects, special precautions, serum levels of any medication prescribed. • If administering <i>Digoxin</i>, monitor pulse rate pre and post administration of medication. If deviations report to medical team and record. • If commencing anti hypertensive medications (<i>Captopril</i>) monitor blood pressure prior to and 30 minutes post medication report to medical team if low and record. <p>Other medications _____ _____ _____</p>
5	Minimal handling	<ul style="list-style-type: none"> • Organize nursing and medical activities to allow for period of uninterrupted sleep (<i>Trigg & Mohammed, 2010</i>) • Utilize measures to reduce infant/child anxiety-<i>encourage parent to patient contact, encourage parent to stay if possible, ensure quick response to crying/irritability</i>
6	Other needs	