

**Our Lady's Children's Hospital, Crumlin
Nursing Careplan
Nasopharyngeal Airway (NPA) / Nasal Stent (ENT & Respiratory)**

Care plan 28	Goals	Issue date: Review date:	August 2018 August 2021																																																																								
Potential for tube : -blockage -displacement - altered humidification - altered skin integrity - altered nutrition - parental knowledge deficit relating to NPA care/ stent care	<ol style="list-style-type: none"> 1. To maintain a patent airway 2. To humidify the airway 3. To maintain skin integrity 4. To optimize nutrition 5. To provide education for parents and prepare for discharge 																																																																										
Commenced, date, time, signature and grade	No	Nursing Intervention																																																																									
	1	To maintain a patent airway																																																																									
		Type of tube: NPA / Stent (<i>please circle</i>)																																																																									
		<table border="1" style="width:100%; border-collapse: collapse;"> <thead> <tr> <th style="width:15%;">Size of tube</th> <th style="width:15%;">Location R/L nare</th> <th style="width:15%;">Date of tube change (NPA only)</th> <th style="width:15%;">Suction catheter size</th> <th style="width:15%;">Suction catheter depth and pressure</th> <th style="width:20%;">Signature, grade and date</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>		Size of tube	Location R/L nare	Date of tube change (NPA only)	Suction catheter size	Suction catheter depth and pressure	Signature, grade and date																																																																		
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		<ul style="list-style-type: none"> ▪ Check that the NPA / stent is patent and secure each shift and PRN ▪ Ensure that a spare threaded NPA in a clear sealed plastic bag taped to the cot is available. ▪ Suction NPA / stent as clinically indicated ▪ Irrigate with 0.2mls 0.9% Sodium Chloride as prescribed ▪ Instill Sea Salt Nasal Spray as prescribed ▪ Refer to care plan 2 (Ineffective breathing) ▪ _____ is intubatable: YES / NO (<i>please circle</i>) 																																																																									

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2	To humidify the airway	
	<ul style="list-style-type: none"> ▪ Provide humidification as prescribed ▪ Administer 0.9% Sodium Chloride nebulisers as prescribed. 	
3	To maintain skin integrity	
	<ul style="list-style-type: none"> ▪ Inspect the skin each shift and PRN ensuring that the nares are pink ▪ When attending to the skin care under the threads (<i>NPA only</i>): <ul style="list-style-type: none"> - Wash the skin with a gentle cleansing wash e.g. Elave®, rinse and dry - Apply a skin protector, e.g. Cavilon® - Place a hydrocolloid dressing on the skin, e.g. Duoderm® - Secure the threads to the hydrocolloid dressing using a clear occlusive dressing, e.g. Tagaderm® 	
4.	To optimize nutrition	
	<ul style="list-style-type: none"> ▪ Oral feeds should be (re)started when possible ▪ Liaise with Speech and language therapist ▪ Refer to careplan 19 (Ineffective hydration and nutrition) 	
5	To provide education and prepare for discharge	
	<ul style="list-style-type: none"> ▪ Encourage and support the early involvement of parents in the NPA / stent care ▪ Assist in the completion of the NPA / stent education programme ▪ Document outcomes of parental education ▪ Early contact with community personnel ▪ Liaise with CNS Airway Management ▪ Liaise with Medical Social Worker ▪ Liaise with local hospital if appropriate 	
6	Additional information	
	<p>.....</p> <p>.....</p> <p>.....</p>	