



**NURSING CARE PLAN No 18c  
PSORIASIS**

Full Name: .....

Address: **Addressograph** .....

HCR.....

Care Plan No 18c Problem	<b>PSORIASIS CAREPLAN</b>	Issue Date: July 2018 Review Date: July 2021
<p>.....</p> <p>Has altered skin integrity related to Psoriasis</p>	<ul style="list-style-type: none"> <li>..... will receive safe and appropriate care relating to her / his altered skin integrity.</li> <li>Complications will be detected early and managed appropriately.</li> </ul>	
	<b>NURSING INTERVENTION</b>	Commencement, Date, Signature, Time, Grade
<b>1</b>	<b>Treatment of Psoriasis</b>	Discontinued, Date, time, Signature, Grade
<b>DAILY SKIN CARE REGIMEN</b>		
Daily emollient bath		
Apply emollients as prescribed		
Apply Steroids if prescribed		
<b>SCALP TREATMENT</b>		
Shampoo		
Treatments		
<b>2</b>	<b>Treatment of psoriasis/ Tar treatment</b>	
<ul style="list-style-type: none"> <li>Remove residual tar from previous treatment with olive oil and gauze.</li> <li>Apply tar preparation as prescribed by Dermatologist.</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Observe child for complaints of burning, itch or pain which may indicate allergic reaction and report same.</li> <li>Inform the dermatology team if irritation occurs.</li> <li>Liaise with Dermatology CNS</li> </ul>		

Created by The Dermatology Department  
Issue Date: July 2018 / Review Date: July 2021

Copyright and Disclaimer @2018. Our Lady's Children's Hospital Crumlin, Dublin 12. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without the prior written permission of the copyright holder. Every effort has been made to ensure that the information provided is accurate and in accord with standards accepted at the time of printing.