



OUR LADY'S CHILDREN'S HOSPITAL

NURSING CARE PLAN 1.
Activities of living

Issue date: November 2015
Review date: November 2018

Care plan 1 Problem	Activities of Living Goals	
..... is admitted to hospital and will require assistance with activities of living	Continuously assess and evaluate: 1. Hydration needs 2. Nutritional needs 3. Hygiene needs 4. Elimination needs 5. Safety needs 6. Isolation needs 7. Anxiety/Play/education and parental needs <i>Involve parent/patient/guardian in the care planning process¹</i>	
..... has <i>please details of additional problem(s)</i>	8. <i>Please indicate additional goals</i>	

Commenced date, time signature & grade	No	Nursing Intervention	Discontinued date, time, signature & grade											
		1. Hydration (Encourage parental involvement)												
		<ul style="list-style-type: none"> Offer oral fluids to ensure adequate hydration. Record intake and output. <i>(Use care plan 9 if Hydration is a problem)</i> Other needs.....												
		2. Nutrition (Encourage parental involvement)												
		<ul style="list-style-type: none"> Offer small snacks at regular intervals Offer meals at mealtimes, ensure food preferences are taken into account. Record refusals in intake/output chart Record all vomits, amounts and type Special diet and feeds Dietitian review to order special feeds Consider need for Blood sugar if fasting vomiting 												
		3. Hygiene needs (Encourage parental involvement)												
		<ul style="list-style-type: none"> Encourage child and parental involvement in child's hygiene needs. Intimate care needs in a private manner (Child Protection Guidelines 2013) Ensure oral assessment is carried out using appropriate Oral Assessment Tool. Regular bath/shower/wash (with specific attention to oral/eye/skin/umbilical/ nail/dental and nappy care. Bath dates <tr> <td></td> <td></td> <td>Other needs.....</td> <td></td> </tr> <tr> <td></td> <td></td> <td>4. Elimination needs (Encourage parental involvement)</td> <td></td> </tr> <tr> <td></td> <td></td> <td> <ul style="list-style-type: none"> Monitor urinary output Determine usual bowel pattern from parent/guardian. Administer usual medications as per OLHSC Medication Policy (2001) Record bowel activity in intake/output chart </td> <td></td> </tr>			Other needs.....				4. Elimination needs (Encourage parental involvement)				<ul style="list-style-type: none"> Monitor urinary output Determine usual bowel pattern from parent/guardian. Administer usual medications as per OLHSC Medication Policy (2001) Record bowel activity in intake/output chart 	
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HCRN
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5.	Safety needs	
	<ul style="list-style-type: none"> • Nurse in a location that suits needs, ensuring risks to patient are managed • Use cot sides as required • Bed or cot as decided by parent and suitable for needs • Patient identity band in situ with correct details • Daily safety checks as required by each individual ward/dept area <p>Other needs</p> <p>.....</p>	
6.	Isolation needs	
	<ul style="list-style-type: none"> • Isolation as per hospital guideline • Isolation sign on the door • Ensure parent/patient understanding and observe for compliance. • Adhere to standard and transmission based precautions. <p>Other needs</p> <p>.....</p>	
7.	Anxiety/play and education needs	
	<ul style="list-style-type: none"> • Introduce.....to the staff and the other children on the ward. • Show the child and parents around the ward informing the parents of hospital facilities, canteen times, parent accommodation etc. • Explain all procedures to the parents and child ensuring their understanding. • All nursing care in OLCHC is based on the concept of Family Centred Care¹ • Foster a collaborative partnership with parents and involve parents and child in the planning and delivery of nursing care. • Negotiate with parents the extent to which they wish to engage in their child's care. • Educate and support the parents in how they can become involved in the care of their child while in hospital. • Ensure child and parents have opportunity to ask questions • Facilitate team meetings regarding the management of the child in hospital. <p>Other needs</p> <p>.....</p>	
8.	Please specify additional problem(s)	
	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	

¹ Smith F. (1995) Children's nursing in practice: The Nottingham Model. Blackwell Science, Oxford.
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