



OUR LADY'S CHILDREN'S HOSPITAL

NURSING CARE PLAN 1.
Activities of living

Issue date: November 2015
Review date: November 2018

Care plan 1	Activities of Living	
Problem	Goals	
..... is admitted to hospital and will require assistance with activities of living	Continuously assess and evaluate: 1. Hydration needs 2. Nutritional needs 3. Hygiene needs 4. Elimination needs 5. Safety needs 6. Isolation needs 7. Anxiety/Play/education and parental needs <i>Involve parent/patient/guardian in the care planning process¹</i>	
..... has <i>please details of additional problem(s)</i>	8. <i>Please indicate additional goals</i>	

Commenced date, time signature & grade	No	Nursing Intervention	Discontinued date, time, signature & grade
	1.	Hydration (<i>Encourage parental involvement</i>)	
		<ul style="list-style-type: none"> Offer oral fluids to ensure adequate hydration. Record intake and output. (<i>Use care plan 9 if Hydration is a problem</i>) Other needs.....	
	2.	Nutrition (<i>Encourage parental involvement</i>)	
		<ul style="list-style-type: none"> Offer small snacks at regular intervals Offer meals at mealtimes, ensure food preferences are taken into account. Record refusals in intake/output chart Record all vomits, amounts and type Special diet and feeds Dietitian review to order special feeds Consider need for Blood sugar if fasting vomiting 	
	3.	Hygiene needs (<i>Encourage parental involvement</i>)	
		<ul style="list-style-type: none"> Encourage child and parental involvement in child's hygiene needs. Intimate care needs in a private manner (Child Protection Guidelines 2013) Ensure oral assessment is carried out using appropriate Oral Assessment Tool. Regular bath/shower/wash (with specific attention to oral/eye/skin/umbilical/ nail/dental and nappy care. Bath dates	
	4.	Elimination needs (<i>Encourage parental involvement</i>)	
		<ul style="list-style-type: none"> Monitor urinary output Determine usual bowel pattern from parent/guardian. Administer usual medications as per OLHSC Medication Policy (2001) Record bowel activity in intake/output chart 	

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HCRN

Ward.....



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5.	Safety needs	
	<ul style="list-style-type: none"> • Nurse in a location that suits needs, ensuring risks to patient are managed • Use cot sides as required • Bed or cot as decided by parent and suitable for needs • Patient identity band in situ with correct details • Daily safety checks as required by each individual ward/dept area <p>Other needs</p> <p>.....</p>	
6.	Isolation needs	
	<ul style="list-style-type: none"> • Isolation as per hospital guideline • Isolation sign on the door • Ensure parent/patient understanding and observe for compliance. • Adhere to standard and transmission based precautions. <p>Other needs</p> <p>.....</p>	
7.	Anxiety/play and education needs	
	<ul style="list-style-type: none"> • Introduce.....to the staff and the other children on the ward. • Show the child and parents around the ward informing the parents of hospital facilities, canteen times, parent accommodation etc. • Explain all procedures to the parents and child ensuring their understanding. • All nursing care in OLCHC is based on the concept of Family Centred Care¹ • Foster a collaborative partnership with parents and involve parents and child in the planning and delivery of nursing care. • Negotiate with parents the extent to which they wish to engage in their child's care. • Educate and support the parents in how they can become involved in the care of their child while in hospital. • Ensure child and parents have opportunity to ask questions • Facilitate team meetings regarding the management of the child in hospital. <p>Other needs</p> <p>.....</p>	
8.	Please specify additional problem(s)	
	<p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	

¹ Smith F. (1995) Children's nursing in practice: The Nottingham Model. Blackwell Science, Oxford.
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